Marisa and Alysa just after they got their Moko.
Great pukana too!  Year 9 Marae trip

Duke of Edinburgh’s Hillary Award Training 20 November.
Pitching tents in the gymnasium.
This will be the last newsletter for the year and I will take this opportunity to tell you that next year there will be no hard copies offered. We will email the newsletters to all families who have given us their email address but as we will have a new web-site being constructed over the summer break we will assume that all other families can access the newsletter on our website. This is a cost saving measure as printing the hard copies is very expensive. We will continue to get a few hard copies done for archive purposes and for Sisters who have always been mailed copies to keep them up with what is happening in our college. If you have any thoughts or suggestions on this you can email me at prendergastl@sacredheartcollege.school.nz or you can ring me (04 566 1089).

The college website will be re-designed and refreshed over the summer break. It is at least six years since we have done this and it is important that it is user friendly and has good links etc.

This is a very busy term with marae visits for Year 9s and Duke of Edinburgh training days etc. We also have some cross-curricular days coming up where a programme has been planned that has an integrated studies approach. Our teaching staff have been very creative putting this programme together and it does ensure that students are motivated and thinking and not just dreaming about the holidays!

Personnel
There is a new appointment in Social Science, Vanessa James and a long term relieving appointment in French, Helen Benge. There is a new Religious Education appointment, David Archibald and Ngaira Sewell will be HOD Learning Support in 2014. We have advertised for a new Duke of Edinburgh Co-ordinator as Emma Peterson is re-locating to Auckland. We will be very sad to farewell her as our results speak for themselves with 34 Duke of Edinburgh Gold Awards last year and 35 Gold Awards this year.

Sport
I had a very pleasant Friday night at the Kilbirnie Stadium watching our Senior Volleyball team in their final with Chilton St James. It was so nice to see our Junior team avidly supporting the
Seniors too. We won this final and I took some action shots which are now up on our TV screens around the school. Congratulations to Petrina Foaese and the team. Our junior team also had a successful tournament which augurs well for the future of the sport in the school. We thank Tessa Siolo-Thompson and Nev Simanu for their wonderful coaching.

Thank you to all the parents who came to our Sports Awards evening and a big thank you to Nicky Kenny and Catherine Brennan. It is always heartening to see how many girls are engaged with one or more sports and are really active.

Another big moment was seeing Julianne Alvarez complete a hat-trick as Wellington Sports Woman of the Year. Well done Julianne. We had a lovely night at these Sports Awards and Kyra Thomson also received an award. College Sport Wellington do a fantastic job in running this event and it is so nice to see young people getting really affirming feed-back on their sports teams and individual performances. The guest speaker this year was Martin Crowe and the night after this event was our Senior Prize-giving where Julianne was named as Head Girl 2014. Our Deputy Head Girl is Madeleine Boyle and we have honoured all our leaders on the next page, so you can see who’s who in 2014.

**OFFER FOR 2014 DONATIONS**

iPad Or Samsung Galaxy – to be won!!

Our Board of Trustees have decided to make this fun. If you pay your $265 donation to the Board of Trustees before March 31st 2014 you will not only be in for a tax rebate but you will also be in to win either a Samsung Galaxy or an iPad (your choice). This is possible because of a kind commercial donor. We will draw all the early payers and announce the winner in the second newsletter of the year (on line or on the web next year).

**ICAS ENGLISH 2013**

Congratulations to Sam Wiblin of 10MG who gained a Distinction in this year’s ICAS English. Well done also to these girls who gained Credit: Alyssa Tomkies 10MG, Caitlin Steere 10KE and Karen Suresh 9KC.
SCHOOL LEADERS 2014

Head Girl
Julianne

Deputy Head Girl
Madeline

Head of Sport
Caitlin

Head of Special Character
Gillian

Head of Performing Arts
Alex

Aubert
House Captain
Adele
Leader
Leah

Avila
House Captain
Jade
Leader
Madeline

Barbier
House Captain
Sophie
Leader
Meredith

Lisieux
House Captain
Sophie
Leader
Tafeuni

Lourdes
House Captain
Ruby
Leader
Ellen

Siena
House Captain
Natalie
Leader
Liana

Leader
Leah
Leader
Davina
Leader
Madeline
Leader
Kate
Leader
Meredith
Leader
Simeran
Leader
Tafeuni
Leader
Isabella
Leader
Ellen
Leader
Esther
Leader
Liana
Leader
Awhina
CONGRATULATIONS TO SCIENCE STUDENTS

Leah Agustin is representing Sacred Heart College at the National Rotary Science and Technology Forum held in Auckland in January 2014. The Rotary Club of Lower Hutt has sponsored her to attend.

Ishani Sukumaran and Thilini Perera have been accepted into the Hands-on Science School held in Dunedin in January 2014. Thilini is being assisted to attend by The Rotary Club of Lower Hutt.

Melissa Harward has gained a Bayer-Boost Scholarship to work on collecting environmental data with Victoria University during the school / university holidays.

Nancy Zhou has secured one of the 15 places for the Nanocamp which will be held in Wellington 2014.

All of the above girls have undergone a selection process focussing on their academic achievement in the sciences. Well done to all as their success has been achieved through consistent application to their study.

COLOURFUL SCIENCE DAY – VICTORIA UNIVERSITY

Five Year 10 students attended the ‘Colourful Science day’ at Victoria University last week. They learnt about the science behind colours and colour perception and also looked into nanotechnology.

Students in the picture are (left to right):

Ashlee
Olivia
Kyla
Caitlin
Olivia
Market Day produces budding Entrepreneurs

Market Day, which took place in the lunch hour in Lawson Foyer last September, was another huge success this year for both the businesses with wares to sell and also for eager students looking for a bargain to buy. Sixteen Year 10 Business Studies teams, two Year 12 Business Studies teams and a Young Enterprise team set up stalls to market and sell the products that they had designed and produced. This experience is an entirely ‘hands-on’ approach to learning the business skills of bringing a product onto the market and going through the process of planning, costing resources, market surveying, pricing, production, promotion, selling, cash management, and financial planning.

A great variety of quality products were on sale: Tie-dyed tee shirts, dream catchers, water resistant make-up bags, unique cosmetic items, a portrait photography service, and anti-stress accessories were some examples of what was on offer.

Three staff members Mrs Moloney, Mrs Newson, and Mrs McCahon judged the stalls for Best Stall won by Glossip (Ashlee Curtis, Jana Laurilla, Kelsey Rohloff); Most Innovative product won by Capture Photography (Gabrielle Cottereau, Caitlin Holloway, Melanie Roundill, Alyssa Tomkies); and Best Quality Product won by Zap (Florence van Saarloos, Lauren Scott, Zara Prins, Jordan Kingi).

Sales and Marketing Director Melanie Roundill taking orders for Capture Photography

Fab, selling bracelets and anklets. They sold out and made a substantial profit

The STEP team showing the last of their uniquely designed i-phone cases

The Kavnis team who had great success selling a variety of hand painted canvas’
Young Enterprise team Natural Beauty launch their product at Market Day

Zap were judged the business which produced the Best Quality Product

Bowtiques and Rings selling their unique hair accessories and DIY rings

Lawson Foyer was packed with consumers looking for a great bargain!

HUTT CITY COUNCIL AWARD RECIPIENT

Kirsten was presented with a Hutt City Council Youth Services Award in September for her outstanding voluntary service. Kirsten’s potential as a leader within the community was identified early, particularly with her involvement in the Ball for All, a ball for young people with special needs, which she helped organise in 2011 and 2012.

Shannan King, who wrote in support of Kirsten’s nomination said, “Kirsten is a young woman who is passionate, devoted and staunch when it comes to ensuring that people from all walks of life are accepted.”

Congratulations Kirsten for this very prestigious Award!
DUKE OF EDINBURGH GOLD AWARD– HEAPHY EXPEDITION

37 fantastic Y12 students and 6 adults enjoyed an eventful and exhilarating tramp that covered 82km in 4 days walking for most of the party (exemption Ellen Sullivan, Natalie Conroy and Miss Peterson who walked the track in 3 days).

Each day was a complete contrast to the last, covering the open sub-alpine tops of the Gouland Downs, mixed bush vegetation on other days and exotic coastal vegetation of giant rata and nikau palms on the Wild West coast stage. We had every season weather-wise too, with three superbly fine, calm days and one day of rain to remind us why we carry the extra layers and waterproof gear we tramp into New Zealand’s backcountry.

The teachers involved this year, Miss Peterson, Mr Maxim, Mrs Hudson, and the lovely Ms Holt, were thoroughly impressed by the positivity, good humour and perseverance shown by the students who worked in well organised groups to support one another through the various challenges they encountered.

We would like to thank the fantastic dads who accompanied us on the expedition, Peter Steiner, and David Tripp.

We would like to acknowledge the bravery and composure of Madison Atkin who sadly was injured on the first day of walking.

We would also like to congratulate and thank the parents who supported their daughters to venture out of their usual comfort zones in order to undertake the challenges of this Gold Expedition and who trusted them into our care. The personal growth we witnessed and which the girls themselves reported will be a real investment in their futures. It is always a privilege and a joy to venture out of the classroom with students on an extended trip and this expedition was no exception. We all had a ball!

Below are some photos from the Heaphy Track trip:
SACRED HEART COLLEGE SPORTS AWARDS EVENING

The annual Sports Awards evening held on 31st October in the Performing Arts centre was an enjoyable and successful event with the guest speaker Mary Fisher (para Olympian gold medal winning swimmer) entertaining the audience with a very inspirational speech. She showed her passion and enthusiasm for life, along with explaining the challenges of being only partially sighted but making her dreams of competing at the Olympics in London in 2012 come true.

Throughout the evening we celebrated the sporting achievements of our many talented young sportswomen. We also acknowledged and thanked the many volunteers who had helped with sport during the year.

The Premier Awards were:

- Outstanding Contribution to Junior Sport: Melissa Warner
- Outstanding Contribution to Senior Sport: Maddy Nash
- Junior Sportswoman of the Year: Kimberley Shaw
- Senior Sportswoman of the Year: Julianne Alvarez

Other Awards:

- Junior Athletics Champion: Neteska Venter
- Intermediate Athletics Champion: Olivia Wallis
- Senior Athletics Champion: Teresa Warner
- Badminton Player of the Year: Shania Rajanayagam
- Junior Basketball Player of the Year: Kimberley Shaw
- Senior Basketball Player of the Year: Jahny Pirihi
- Cricket Player of the Year: Sophie Telfer/Chantelle Murrell
- Junior Football Player of the Year: Christine Hosie
- Senior Football Player of the Year: Maddy Nash
- Golf Player of the Year: Julianne Alvarez
- Junior Hockey Player of the Year: Katrin Scott
- Rugby Player of the Year: Davina Lasini
- Roller Skater of the Year: Kyra Thomson
- Junior Swimming Champion: Eleanor Cox/Jordan Kingi
- Intermediate Swimming Champion: Courtney Carson
- Senior Swimming Champion: Caitlin Byrne
- Junior Netballer of the Year: Rune Bosch
- Senior Netballer of the Year: Jahny Pirihi
- Waterpolo Player of the Year: Caitlin Byrne
- Touch Player of the Year: Aimee Sanson
- Volleyball Player of the Year: Petrina Foase
- Tennis Player of the Year: Jessica Andrew
Again we were honoured by Julianne Alvarez taking out the Supreme Award of CSW Sportswoman of the Year after collecting the CSW Golf Player of the Year award earlier in the evening. Kyra Thomson was awarded the CSW Skater of the Year and Petrina Foaese was a finalist in the category Volleyball Player of the Year.

**SHC Premier VOLLEYBALL team**

The Senior A Volleyball team won the Wellington Premier Volleyball Championship competition winning against Chilton in an exciting final held at the ASB stadium. Petrina Foaese was the outstanding player leading her team well.

Earlier in the day the Junior A Volleyball team had come a credible 4th in the CSW Junior Volleyball Championships, their first big tournament.

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A HUGE THANK YOU TO EVERYONE FOR MAKING ME FEEL SO WELCOME IN MY FIRST YEAR AS SPORTS DIRECTOR. EVERYONE’S ASSISTANCE WITH SPORTS TEAMS HAS BEEN GREATLY APPRECIATED - YOUR HELP IS INVALUABLE WITH ORGANISING SUCH A LARGE NUMBER OF TEAMS AT SACRED HEART.

Please don’t hesitate to contact me if you would like to assist in any way in 2014, either coaching, managing or umpiring. The best contact is:

**sport@sacredheartcollege.school.nz**

The **2014 SPORTS BOOKLET** will be available soon at the school office and every Year 9 & 10 student will be given one to take home at the end of the year.

**2014 SPORTS REGISTRATIONS (Summer & Winter) are DUE on Tuesday 4th FEBRUARY**

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*Nicky Kenny  
Director of Sport*
PASSIONATE ABOUT PARENTING?

Our parenting helpline, supporting families with parenting concerns, is looking for volunteer telephone support workers. To find out more about Parent Help and the training provided we invite you to an information session on:

Saturday 30th November 4-5.30pm or Wednesday 4th December 7-8.30pm at the Parent Help offices, level 4, 173 Victoria Street, Wellington.

Contact us on 04 8025767 or email us at admin@parenthelp.org.nz

UNIFORM SHOP

Note: Credit cards are now accepted as well as eftpos, cash, internet banking and cheques. (Cheques will be cleared before your order can be picked up).

You can also order on-line via the school website. Please note that credit card payments will be processed at the time your items are collected so please ensure you bring your card with you.
A reminder for Students who are leaving: you might like to donate their uniform to the school.

MARCH 2014 - HOMESTAY FAMILIES NEEDED

Are you interested in learning about a different culture? Do you have a daughter at Sacred Heart? Do you have a spare room?

Sacred Heart College is seeking host families for Japanese students arriving in March 2014 (13 March-25 March) who want to experience life in New Zealand. This is a wonderful opportunity to make life long connections.

We are seeking families willing to host students for this period. Host families must have a daughter at Sacred Heart College in 2014 or be able to drop off the student at 8:15am-8.30am and then pick up at 3.20pm each day from Sacred Heart College. Living expenses are reimbursed and will be $420 for the stay.

If your family, or someone you know, would be interested in hosting a student please contact Sarah Knowles, International Student Manager at Sacred Heart:

knowless@sacredheartcollege.school.nz

for an application form or pick one up from main reception at school.

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RailEx Model Train Show 2013

Saturday November 23: 10am – 5pm and Sunday November 24: 10am – 4pm
Lower Hutt Horticultural Hall, Laings Rd (next door to the Lower Hutt Town Hall)
A Special Christmas FRIENDS & FAMILY OFFER for New Zealand Catholic Schools
MONDAY 2 DECEMBER - SUNDAY 8 DECEMBER 2013
Available at Noel Leeming Stores Nationwide

**COST** +5% **COST** +7.5% ON ALL
Televisions • Computers • Whiteware • Mobile Phones
(Excluding all Apple products)
Some restrictions may apply.
See terms & conditions.

ON UP TO 5 PRODUCTS
Small Appliances, Kitchen, Computer Accessories
Audio, Video Accessories, Computer Accessories, Lighting
Furniture also available, Noel Leeming and In
Home exclusions may apply.
See terms & conditions.

WE CAN HELP YOUR SCHOOL WITH
BYOD
Buy your own device

TENURCHES & PRINCIPALS
Use our Proposal Tool to assist your PTO. Your local Catholic Business Manager will work with you for any requirements, and provide any devices for teachers.

PARENTS
For your local Noel Leeming store to assist you, call us on 0800 455 855.

Some of our normally advertised specials may already be at lower prices than the above ‘cost plus’ offer. But don’t worry, you will receive the best deal on the day on the product you choose.

Go to www.noelleeming.co.nz to check out your local store trading hours.

Present this flyer in-store to take advantage of this great offer
Remember to share this offer with your friends & family so they can save too!

NOEL LEEMING GROUP COMMERCIAL

FlyBuys
The only appliance store with FlyBuys

EXPRESSLY EARNED ONLY on appliances and small electrical goods and NOEL LEEMING COMMERCIAL
There is a writer from the Middle Ages who said “Pear seeds grow into Pear trees, Hazel seeds grow into Hazel trees and we are Godseed and we grow into God”. (Meister Eckhart).

Advent is a time when you can stop and check that this is really happening and that you are growing into the tree you hoped to be.

Advent is not a long period of time – just four Sundays / four weeks. The Church asks of us that we prepare for Christmas. We should examine ourselves and look outward to others too. There is no shortage of projects we could help with, including the restoration work in the Philippines, to help our brothers and sisters rebuild their lives. Vietnam has also suffered from this typhoon. I hope we will all give some money to help.

Our students have raised money for a number of charities this year: Caritas and Life Flight being just two of them. Thank you girls for your work and a big thank you to the School Council too.

We hope that you will all find something to contribute to just before Christmas and it is good to think of others at the end of the old year. We are so fortunate in this country as many of us sit on a beach for Christmas and we live in relative peace and calm. There is a lot to be thankful for. The message we carry as Catholic schools is one of great joy. It is our happy task to tell people that the Kingdom of God is within them. We hope that all our students and their families discover some of that inner wonder and joy this Christmas. St John of the Cross said that our soul draws nourishment from love just as the bee draws honey from plants. All things in the end are subservient to loving God. All our experiences whether sweet or bitter bring us ever closer to God. All these wonderful writers say much the same thing. Julian of Norwich tells us that the “best prayer is to rest in the goodness of God knowing that goodness can reach right down to our lowest depths of need”.

May Christmas be a blessing to you and your family this year wherever you are and may all our students be safe over the holiday period. They are fantastic students and we wish them every success in the New Year too.

Te Rangimarie o Ihu karaiti ki a koutou.

The Peace of Christ be with you all.

Lisl Prendergast
Principal
### PARENTS CALENDAR

Please visit our website in January for information relating to the start of 2014

<table>
<thead>
<tr>
<th>Monday (7)</th>
<th>25/11</th>
<th>Year 10 Bioethics Roadshow at WGC (SL)</th>
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</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>26/11</td>
<td>Period 1 Year 9 and 10 Singing for Junior Prizegiving (JC, RR) Year 8 Orientation Night 7pm</td>
</tr>
<tr>
<td>Monday (8)</td>
<td>2/12</td>
<td>Year 10 Work Experience Day Year 9 speech competition periods 1 and 2. Year 9 Drama Performance periods 3&amp;4, rest of the day usual Senior Clearance Day Lunchtime: Year 10 Big Bang Concert 1.00 – 3.20PM PM Peer Mediation Training (AM)</td>
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<tr>
<td>Tuesday</td>
<td>3/12</td>
<td>Cross Curricular Week Lunchtime: Year 10 Big Bang Concert</td>
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<tr>
<td>Wednesday</td>
<td>4/12</td>
<td>Cross Curricular Week Lunchtime: Year 10 Big Bang Concert</td>
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<td>Thursday</td>
<td>5/12</td>
<td>Cross Curricular Week Lunchtime: Year 10 Big Bang Concert</td>
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<tr>
<td>Friday</td>
<td>6/12</td>
<td>Cross Curricular Week</td>
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<tr>
<td>Monday (9)</td>
<td>9/12</td>
<td>Cross Curricular Week Junior Clearance Day</td>
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<tr>
<td>Tuesday</td>
<td>10/12</td>
<td>Cross Curricular Week</td>
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<tr>
<td>Wednesday</td>
<td>11/12</td>
<td>Cross Curricular Week</td>
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<tr>
<td>Thursday</td>
<td>12/12</td>
<td>Junior Prize Giving Day Normal times until lunchtime. 8.45am: Final chance to clear out lockers 1.30pm: Form time 1.35pm: Year 9 to Lawson Foyer to line up (prize winners straight to seats) 1.40pm: Year 10 to Lawson Foyer to line up (prize winners straight to seats) 2.00pm Junior Prize Giving Students dismissed from Hall at 3.20pm</td>
</tr>
<tr>
<td>Friday</td>
<td>13/12</td>
<td>9.30am: Mass in the Hall for Years 9 &amp; 10, (dismissed after Mass) END OF TERM FOUR &amp; THE YEAR!</td>
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</table>
Julianne with her parents at the College Sports dinner on November 4th. Julianne was Sports Woman of the Year for the third time. Julianne is Head Girl for 2014 and made a wonderful contribution as student representative on the Board of Trustees in 2013. Thank you Julianne.

Caitlin with Kyra. Both were nominees for Sports Awards and Kyra won her category for her success in skating. Caitlin is SHC Head of Sport for 2014.

Petrina nominated for Volleyball, with her Mother at the College Sports Dinner.